1. What are the goals of sports medicine?
2. Name the five parts of the “paper trail”.
3. What are the rules to writing a medical record?
4. What is the difference between brevity, accuracy and clarity?
5. When is H.O.P.S. typically used?
6. Name five things you are looking for in each part of an evaluation?
7. Be able to describe the different types of pain.
8. During the observations you are looking for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ such as…..
9. What are some red flags during the history portion of an examination?
10. How should you palpate an injury?
11. Name five things you are looking for during the palpations?
12. What are the 4 different types of stress/special tests?
13. Identify each area of the S.O.A.P. note and what is being asked.
    1. S\_\_\_\_\_\_\_\_\_\_\_\_\_:
    2. O\_\_\_\_\_\_\_\_\_\_\_\_\_:
    3. A\_\_\_\_\_\_\_\_\_\_\_\_\_:
    4. P\_\_\_\_\_\_\_\_\_\_\_\_\_:
14. What is the purpose of sports medicine?
15. What is the American College of Sports Medicine and when was it established?
16. Be able to distinguish the different professions of sports medicine.
17. Be familiar with the rubrics for creating a cover letter and resume.
18. What are the roles of the healthcare provider in the athletes’ circle of care?
19. ***Remember this test is not limited to what is on this study guide. Please review all materials!***