Health Care Systems Notes

***Health care has become a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ business!!!!!***  [](http://www.google.com/imgres?q=health+care+equals+dollar+signs&hl=en&biw=1280&bih=706&tbm=isch&tbnid=ZUTyduzEtiHM1M:&imgrefurl=http://news.utoronto.ca/how-do-patients-incomes-relate-hospital-admisssions&docid=dQNbSvlJGuLM4M&imgurl=http://news.utoronto.ca/sites/default/files/Health_Income_12_05_06.jpg&w=600&h=400&ei=uJcxUPyFE4Po9ASb-ICABg&zoom=1)

Private Health Care Facilities

Hospitals: an institution that provides \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and treatment for the sick and injured.

Can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, religious, nonprofit or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ owned.

Ex.

Long-term care Facilities: mainly provide assistance and care for the \_\_\_\_\_\_\_\_\_\_\_. Usually all in one.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:** provides help with ADL’s, promote social interactions and provide safety and security.

**Extended care facilities**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Independent Living:** Rent apartments but are provided with services

Omnibus Budget Reconciliation Act (OBRA)

Regulations regarding \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ care and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ care.

* Requires state to establish training and competence evaluations for nursing and geriatric assistants.
* CEU’s, evaluations, registrations and certifications

Medical Offices: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Services: diagnostic, evaluations, treatment, examinations, minor surgeries, and testing

Dental Offices: can provide general or specialized care

Ex.

Clinics: health care facilities found in many types of health care.

Optical Centers: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: provides special care for victims of accidents or sudden illnesses

Can be both \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Laboratories: can perform \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ such as blood or urine

Government Agencies

**World Health Organization( )**: information about health issues around the world

**(U.S.D.H.H.S.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:** health issues in the U.S.

**National Institute of Health(NIH):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Center for Disease Control and Prevention( )**: concerned with causes, spread and control of diseases

**Food and Drug Administration**( FDA):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Agency for Health Care Policy and Research( ):** \_\_\_\_\_\_\_\_\_\_\_\_

**Occupational Safety and Health Administration( )**: protect workers from \_\_\_\_ \_\_\_\_\_\_\_\_injuries and illnesses

Voluntary/Nonprofit Agencies

Supported by \_\_\_\_\_\_\_\_, membership fees, \_\_\_\_\_\_\_\_\_\_\_\_ and federal or state grants.

EX:

[](http://www.google.com/imgres?q=american+red+cross&hl=en&sa=X&biw=1280&bih=706&tbm=isch&prmd=imvns&tbnid=2G6YM7LyQkex6M:&imgrefurl=http://www.disasteremergencykit.com/page/1072555&docid=1at-nndiaLC15M&imgurl=http://www.disasteremergencykit.com/files/1990538/uploaded/arch2lr.jpg&w=934&h=410&ei=H5YxUPnCNJSk8QT7p4DAAw&zoom=1&iact=hc&vpx=607&vpy=212&dur=111&hovh=149&hovw=339&tx=132&ty=82&sig=106408561728542289152&page=1&tbnh=82&tbnw=186&start=0&ndsp=17&ved=1t:429,r:3,s:0,i:150)

Health Insurance Plans

What's the Purpose?

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How does it work?

* The amount of payment and the type of services vary from plan to plan
  + **\_\_\_\_\_\_\_\_\_\_\_\_\_\_**: set amounts that must be paid before the insurance will pay for anything.
  + **Co-Insurance**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:** specific amount of money that must be paid before receiving services

Health Maintenance Organization (HMO): provides a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for the delivery of healthcare services

* + Set fee regardless of the amount of health care used

Preferred Provider Organization(PPO): contracts with certain doctors/dentist to provide health care at reduced rates

* + Usually requires \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Medicare: government program that provides healthcare for all individuals over the age of \_\_\_\_\_\_, disabled persons receiving SS and a few other exceptions

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Government program but people covered varies from state to state.

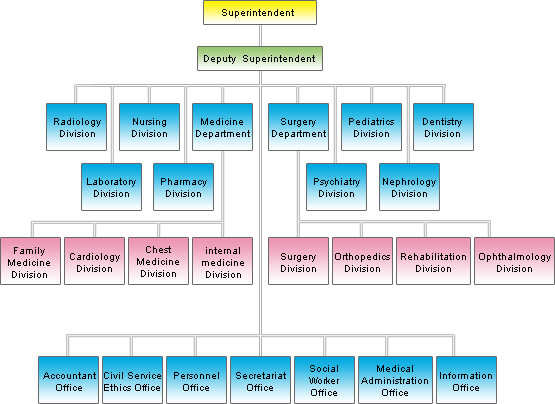
* + Individuals with low income, children who qualify, all disabled and blind people.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: insurance for workers injured on the job

TRICARE: Government\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ health insurance



Organizational Structure



**Current Trends in Health Care**

**Cost Containment**

*Cause of Increased Healthcare Costs*

Technological Advances

* Procedures such as heart, lung, liver or kidney transplants
* Computers used for diagnostic exams
* People are living longer buuuuttt…….the result is …

The Aging Population

* More \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ diseases
* More frequent healthcare

Health Related Lawsuits

**Cost Containment Efforts**

Diagnostic Related Groups

* + Medicaid/Medicare:
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Combination of Services:

* + Clinics and laboratories \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by different agencies
  + Decreased cost for the provider means decreased cost for the patient.

Outpatient Services

* Reducing the length of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_… i.e. open heart surgery

Mass/Bulk purchasing

* + Buying in larger quantities at reduced prices.
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Early Intervention/Prevention

* + Patient education, immunizations, physicals, incentives, easy access

Telemedicine:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Decreases the need for trips to the “doctor”

[](http://www.google.com/imgres?q=Healthcare+and+saving+money&um=1&hl=en&biw=1280&bih=706&tbm=isch&tbnid=f00kDYxjt2JhQM:&imgrefurl=http://www.mybanktracker.com/news/2009/08/11/taking-health-care-matters-into-your-hands-the-basics-of-health-savings-accounts-hsas/&docid=_AOEsInHGUzpOM&imgurl=http://static.mybanktracker.com/bank-news/wp-content/uploads/2009/08/Health-Savings-Account.jpg&w=366&h=328&ei=Cp8xUOuBE4Ge8QTA9YGwAQ&zoom=1&iact=hc&vpx=1000&vpy=170&dur=564&hovh=212&hovw=237&tx=146&ty=120&sig=106408561728542289152&page=4&tbnh=158&tbnw=164&start=57&ndsp=22&ved=1t:429,r:10,s:57,i:289)

[](http://www.google.com/imgres?q=wellness&um=1&hl=en&biw=1280&bih=706&tbm=isch&tbnid=mbXttyOvPYdrKM:&imgrefurl=http://www.newolm.dreamhosters.com/websw/index.php?option=com_content&task=view&id=305&Itemid=1&docid=hUcbqiDzsNoPxM&imgurl=http://www.newolm.dreamhosters.com/websw/images/stories/randomPictures/Wellness.jpg&w=914&h=421&ei=bKAxUOOHILCN6QG4yIDoCg&zoom=1&iact=hc&vpx=350&vpy=2&dur=1334&hovh=152&hovw=331&tx=191&ty=84&sig=106408561728542289152&page=2&tbnh=105&tbnw=228&start=17&ndsp=20&ved=1t:429,r:6,s:17,i:213)

Emphasis on promoting wellness of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_individual:

* + **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ wellness:** promoted by a well-balanced diet, exercise, routine physicals.
  + **Emotional wellness:** promoted by an understanding of one’s own \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_wellness:** promoted by showing fairness, concern, tolerance, etc…
  + **Mental and intellectual wellness**: promoted by being creative, logical, curious, open minded individuals
  + **Spiritual Wellness:** promoted by using\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + **Holistic Health:** promotes treating the whole person; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of wellness

[](http://www.google.com/imgres?q=wellness&um=1&hl=en&biw=1280&bih=706&tbm=isch&tbnid=bGBhqWXLLrZHtM:&imgrefurl=http://www.definitionofwellness.com/stress-wellness-relaxation-wellness.html&docid=ojJV-bt91WeY0M&imgurl=http://www.definitionofwellness.com/images/stress-wellness-yoga-lady.jpg&w=300&h=358&ei=bKAxUOOHILCN6QG4yIDoCg&zoom=1&iact=hc&vpx=391&vpy=347&dur=1940&hovh=245&hovw=205&tx=103&ty=151&sig=106408561728542289152&page=3&tbnh=159&tbnw=134&start=37&ndsp=20&ved=1t:429,r:1,s:37,i:262)

Alternative and Complementary Methods of Health Care

**Complementary Therapies:** used in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with conventional medical therapies

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Therapies:** used in place of biomedical therapies

**Integrative health care**: uses \_\_\_\_\_\_\_\_\_\_\_\_\_\_ mainstream and CAM therapies to treat patients

* Chinese medicine practitioners: holistic based healing practice based on the belief that a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (CHI) flows through every living person
* Chiropractors: practice base on the belief that the brain sends vital energy to all body parts through nerves is the spinal cord
* Homeopaths: belief in the body’s abilities to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ using the immune system; no medicine, if so all natural
* Naturopaths: only natural therapies