**Human Growth and Development Study Guide**

1. What is Maslow’s hierarchy of needs? Describe each one.
2. What motivates us to act?
3. What is referred to as the last stage of growth?
4. What are the five emotional stages?
5. What is the difference between moro, grasping, sucking and rooting?
6. What are the different life stages and the ages associated with them?
7. What are the four main types of growth? And describe them.
8. What is puberty?
9. What is the difference between growth and development?
10. What is palliative care?
11. What are the different life stages and milestone years or ages associated with them. Such as at what age can an infant sit unsupported for several minutes or at what point will people socially progress towards peers with the same interest.
12. What is bulimarexia?
13. What is bulimia?
14. What is anorexia?
15. What is chemical abuse?
16. What are some direct methods to meet our human needs?
17. What are the different stages of dying?

***Remember this test is not limited to the information on this study guide.***